# Sarah Mountz, PhD

Curriculum Vitae

Assistant Professor, University at Albany School of Social Welfare Richardson Hall 209 135 Western Avenue Albany, NY 12222 smountz@albany.edu (518) 442-3824

#### **EDUCATION**

**University of Washington School of Social Work** 

Seattle, WA

2012

Doctorate of Philosophy in Social Work

Dissertation: Overrepresented, Underserved: The experiences of LGBTQ youth in girls' detention facilities in New York State

**Columbia University School of Social Work** 

New York, NY

2003

Master of Science in Social Work, Concentration: Advanced Generalist Practice and Programming

**Smith College** 

Bachelor of Arts, Dual Major in Psychology and Women's Studies

Northampton, MA

2000

# RESEARCH INTERESTS

- Child welfare and juvenile justice system involved youth
- LGBTQ youth and families
- Qualitative, arts-based, and community based participatory research (CBPR) methods
- Critical feminist and race frameworks
- Critical pedagogy, intergroup dialogue, and social justice in social work education

#### SOCIAL WORK PRACTICE CONCENTRATIONS

- Child welfare practice with LGBTQ youth and LGBTQ foster and adoptive parents
- Birthparent services in public and private child welfare systems
- Homeless youth services
- Alternatives to incarceration for adult women and juvenile offenders

# FACULTY APPOINTMENTS

2017- Present	Assistant Professor. School of Social Welfare, University at Albany, State University of New York (SUNY), Albany, NY				
2013-2017	Assistant Professor. Department of Social Work, California State University, Northridge, Northridge, CA				
AWARDS/HONORS/GRANTS					
CSUN CSBS Office of the Dean, Summer Research Grant (\$3,000)		2016			
CSUN Research, Creativity, and Scholarship Award (Course Release)		2016			
CSUN Outstanding Service Award, Nominee		2016			
California Humanities, California Stories Grant (\$10,000)		2015			
CSWE Feminist Manuscript Award		2015			
CSUN CSBS Office of the Dean, Summer Research Grant (\$6,000)		2015			
CSUN Probationary Faculty Grant (\$5,068)		2015			
CSUN Pride Center Transcendence Ally Award		2014			
CSUN CSBS Office of the Dean, Summer Research Grant (\$6,000)		2014			
CSUN CSBS Office of the Dean, New Faculty Research Grant (\$10,000)					
Columbia Center f	2013				
Chambers Disserta	2012				
Pride Foundation Scholar (\$3,000)		2011			
Marion Hathaway Doctoral Writing Award (\$1,000)		2011			
University of Washington Graduate Student Travel Award (\$1,000)		2010			
National Institute of Health Multidisciplinary Translational (\$10,000) Clinical Research Trainee,TL1 RR 025016		2009			
Fellow, Columbia	2009				
Nominee, Student's Choice Distinguished Teaching Award					
Fellow, Simpson Center Institute on the Humanities for Doctoral Students (\$500)					

Boeing Endowed Fellow, University of Washington School of Social Work (\$30,000) 2006

Finalist, Soros Foundation Open Society Institute Community Fellows Program

2003

#### PEER REVIEWED JOURNAL PUBLICATIONS

**Mountz, S.,** Capous-Desyllas, M. and Pourciau, E. (In Press). "Because we're fighting to be ourselves:" voices from transgender and gender expansive former foster youth." *Child Welfare*.

**Mountz, S.** (2016). That's the sound of the police: state sanctioned violence and resistance among LGBTQ young adults previously incarcerated in girls' juvenile justice facilities. *Affilia*, 31, 3, 287.

**Mountz, S.** (2016). LGBTQ Youth and the juvenile justice system. Entry in the *Sage Encyclopedia of LGBTQ Studies*. Sage Press.

Hudson, K. and Mountz, S. (2016). Third space caucusing: borderland praxis in the social work classroom. *Journal of Social Work Education*, 52, 3, 379.

**Mountz, S.** (2014). Rethinking kinship: a strengths-based perspective on LGBTQ foster and adoptive parents. *Journal of LGBTQ Policy of the Harvard Kennedy School*, 4,77.

Higa, D., Hoppe, M. J., Lindhorst, T., Mincer, S., Beadnell, B., Morrison, D., Wells, E. A., Todd, A., **Mountz, S.** (2012). Negative and positive factors associated with the well-being of lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) youth. *Youth and Society*, 46(5), 663.

**Mountz, S.** (2011). Revolving doors: LGBTQ youth at the interface of the child welfare and juvenile justice systems. *Journal of LGBTO Policy of the Harvard Kennedy School*, 1,29.

#### **BOOK CHAPTERS**

**Mountz, S.** (In press). Hearing embodied narrative: using the listening guide with LGBTQ girls. *Arts Based and Anti-Oppressive Approaches to Research*. Sage Press.

Ashley, W., **Mountz, S.** Lipscomb, A. (Under Review) Title: A Toolkit for collaborative safety and treatment planning with transgender youth of color. *The Therapists Notebook for Sexual and Gender Identity Diverse Clients*. Harrington Park Press.

#### SELECTED PRESENTATIONS

**Mountz, S.** and Capous-Desyllas, M. (2016). Visual voices of LGBTQ former foster youth in Los Angeles County. Embracing Diversity of GLBTQ Youth and Families (EDGY) Conference. Los Angeles, CA.

Capous-Desyllas, M. and **Mountz**, **S.** (2016). Navigating methodological processes in a photo voice study with LGBTQ foster care alumni. Paper presentation at the Annual Program Meeting of the Council on Social Work Education. Atlanta, Georgia.

- **Mountz, S.**, Kang, H., Johnston-Goodstar, K. (2015) Community-Based Participatory Research: Practices and challenges in developing university-community partnerships. Panel presentation at the Annual Program Meeting of the Council on Social Work Education. Denver, Colorado.
- Ashley, W., **Mountz**, S., Curiel, L. (2015) Transformative communication in clinical supervision. Eleventh Annual International Conference on Clinical Supervision. Adelphi University. Garden City, New York.
- **Mountz, S.** and Ashley, W. (2014) Unsettling norms: Challenging models of LGBTQ Identity Development. Embracing Diversity of GLBTQ Youth and Families (EDGY) Conference. Studio City, California.
- **Mountz, S.** (2014) Overepresented, Underserved: Experiences of LGBTQ youth in girls' juvenile justice facilities.. Paper presentation at the Annual Program Meeting of the Council on Social Work Education. Tampa, Florida.
- **Mountz, S.** (2014). Structural violence and the school to prison pipeline: Experiences of LGBTQ youth in girls' detention facilities in New York. Presentation at the 31<sup>st</sup> Annual Conference of the National Organization of Forensic Social Work. New York, New York.
- McCarter, S. **Mountz, S**., Enders, C., Graham, J. (2014). The intersectionality of current juvenile justice issues: Youth outcomes affected by race/ethnicity, diagnoses, disabilities, and/or gender/sexual orientation. Panel Discussion at 31<sup>st</sup> Annual Conference of the National Organization of Forensic Social Work. New York, New York.
- **Mountz,** S., Yu, J., Perry R, and Gunnell, J, (2014) LGBTQ youth in the juvenile justice system in New York. Panel Discussion at Queer Justice Preconference Institute at the 31<sup>st</sup> Annual Conference of the National Organization of Forensic Social Work. New York, New York.
- Mehrotra, G., Capous-Desyllas, M., Valdovinos, M., and **Mountz, S**. (2014). Considering emotion and emotional labor in feminist social work research. Presentation at the Tenth International Congress of Qualitative Inquiry. Urbana-Champaign, Illinois.
- **Mountz, S.** (2014) Overrepresented, Underserved: The experiences of LGBTQ youth in girls' detention facilities in New York State. Poster at the Annual Meeting of the Society for Social Work and Research. San Antonio, Texas.
- **Mountz, S.** (2013) Overrepresented, Underserved: Presentation of Findings. Pride Month Community Forum Sponsored by the Correctional Association of New York and the Hetrick Martin Institute. New York, New York
- **Mountz, S**. (2013) Hearing embodied narrative: Use of the Listening Guide with LGBTQ Young People Previously Incarcerated in Girls' Detention Facilities. Presentation at the Ninth International Congress of Qualitative Inquiry. Urbana-Champaign, Illinois.
- **Mountz, S**. (2013). Both our voices: A feminist relational approach to life history narratives of previously Juvenile justice involved LGBTQ young adults. Featured speaker in the Paul F. Lazarssfeld Lecture Series. Columbia Center for Oral History Research. New York, New York.

- **Mountz, S**. and Hudson, K. (2012). Third space caucuses: Intersectional and borderland praxis in the social work classroom. Roundtable at the Annual Program Meeting of the Council on Social Work Education. Washington DC.
- **Mountz, S.**, Gunnell, J., Crooke, L., and deZerega, M. (2012). LGBTQ Youth and juvenile justice: Emerging policy and practice lessons. Vera Voices Panel Discussion. Vera Institute of Justice. New York, New York.
- **Mountz, S**. and Takamori, A. (2011). Tool Sharing: Visual methods, comparative feminisms and interdisciplinary collaboration. Unsettling Feminism(s) Conference. Jane Addams College of Social Work at the University of Illinois at Chicago, Chicago, Illinois.
- **Mountz, S.**, Garcia, T., and Sarka, E. (2009). Introducing an intersectional lens to child welfare practice, policy, and research. Panel presentation at the Annual Program Meeting of the Council on Social Work Education. San Antonio, TX.
- **Mountz, S.**, Duldalao, A., and Garcia, T. (2009). Democratizing the academy through the personal "I": Using qualitative research to promote social justice. Paper presented at the International Congress for Qualitative Inquiry, University of Illinois, Urbana –Champaign, Chicago, IL.
- Higa, D. H., Hoppe, M. J., Lindhorst, T., Mincer, S., Beadnell, B., Morrison, D. M., Wells, E. A., Todd, A. and **Mountz**, S. (2009). Contemporary influences on sexual identity: Tipping the balance towards well-being for LGBTQ youth. Presented at the Society for the Scientific Study of Sex, Western Regional Conference, Pacific Grove, CA.
- Garcia, T., Duldalao, A., and **Mountz, S**. (2009). Interlocking identities in academia: moving from individual responsibility to renewed collaboration. Paper presented at the 5th International Globalization, Education and Diversity Conference. Washington State University. Spokane, WA.
- Garcia, A., Sarka, E. and **Mountz**, **S**. (2008). Pathways to inequality: engaging children and families with services. Paper presented at the 26th annual foster parent and caregiver conference. Yakima, WA.
- Duldalao, A., Garcia, T. and **Mountz, S**. (2008). Intersections of personal and professional life among faculty of color: a pilot study. Paper presented at New Scholarship at the Intersections: Care, Work, and Diversity. University of Washington. Seattle, WA.
- Duldalao, A., Garcia, T., **Mountz, S**. and McEachern, M. (2008). Intimate pedagogies: embodying local and global praxis in social welfare. Paper presented at the 4th International Globalization, Diversity, and Education Conference. Washington State University, Spokane, WA.
- **Mountz, S.**, Conner, L. and Jackson-Schebetta, L. (2007). Documenting dialogue, exploring organizational life: a video collaboration with Planned Parenthood of Western Washington. Video presentation at Visualizing University-Community Collaboration, Seattle, WA.

#### CAMPUS AND DEPARTMENTAL TALKS

2015	Using the privilege spectrum to transform working relationships. Oviatt Library. California State University, Northridge.
2015	Exploring issues of power, privilege, and oppression using the privilege spectrum. Annual Faculty Retreat. California State University, Northridge.
2015	LGBTQ youth and the juvenile justice system. Sociology Department. California State University, Northridge, California.
2015	LGBTQ youth and the foster care system in LA County. Social Work Department. California State University, Northridge.
2014	Use of the Listening Guide in qualitative research with LGBTQ youth. Sociology Department. California State University, Northridge.

#### TEACHING EXPERIENCE

## California State University, Northridge, Assistant Professor

#### **Graduate Courses**

Human Behavior in the Social Environment I (fall 2013, fall 2014, fall 2015)

Family Crisis, Trauma and Grief (fall 2013, summer 2015)

Social Work Practice in Multicultural Settings (fall 2013, spring 2014, fall 2014, spring 2015, fall 2015, spring 2016, fall 2016)

Advanced Skills in Program Evaluation and Research with Urban Families (fall 2014, fall 2015, fall 2016)

Graduate Capstone Project (spring 2014, spring 2015, spring 2016)

Field Instruction (fall 2014, spring 2015, fall 2015, spring 2016, fall 2016)

## City University of New York, College of Staten Island, Instructor

#### **Undergraduate Course**

Introduction to Sociology (fall 2011, fall 2012)

#### University of Washington School of Social Work,

#### **Graduate Courses**

Social Justice for Social Workers, Instructor (spring 2010)

Integrative Seminar: Enhancing Outcomes for LGBTQ Child Welfare Involved Youth, Developer/Instructor (spring 2009)

Advanced Practice with Children and Families, Instructor (winter 2009)

## <u>Undergraduate Courses</u>

Macro Practice, Instructor (spring 2009, spring 2010)

Social Welfare Practice I, Instructor (winter 2009)

Social Welfare Practice II, Instructor (fall 2009)

Advances in Prevention Science: Bridging the Gap from Science to Service, Teaching Assistant (winter 2008)

#### RESEARCH EXPERIENCE

## From Our Perspectives: Untold Stories of LGBTQ Youth in the Foster Care System in Los Angeles

Co-Principal Investigator

Los Angeles, CA

2015-Prese

Funding: California Humanities Community Stories Grant (\$10,000), California State University, Northridge College of Social and Behavioral Sciences Research, Creativity, and Scholarship Award (\$10,000)

Project used qualitative interviewing and photovoice and Community Based Participatory Research (CBPR) methodologies to explore the experiences of LGBTQ young adults (18-26) who had been in the foster care system in Los Angeles County in relation to their experiences in foster care and their experiences of aging out and early emancipation. Two community based gallery exhibits featuring photos were curated in collaboration with participants. An interactive website featuring photos is currently being developed.

# Overrepresented, Underserved: The experiences of LGBTQ youth in girls' detention facilities in New York State

Principal Investigator New York, NY 2010-2012

Funding: National Institute of Health Multidisciplinary Translational

Clinical Research Traineeship, TL1 RR 025016 (\$10,000), PRIDE Foundation Scholarship (\$3,000) An ethnographic study with LGBTQ young adults, ages 18-25, who had previous experience in girls' detention facilities in the juvenile justice system in New York State. The research was facilitated by a Community Advisory Board and utilized life history interviewing to address how LGBTQ young adults who have been incarcerated in girls detention facilities in New York negotiate identity; what participants' pathways into and out of the juvenile justice system looked like; and how participants understand and narrate their experiences within detention facilities in the juvenile justice system. Findings elucidated the nature and impact of systemic violence upon the lives of participants, the extent to which juvenile justice was mediated by child welfare involvement and school based harassment, and aspects of community life and personal resiliency that facilitate well-being.

**Q Voices** Seattle, WA 2007-2008

Research Associate

Principal Investigator: Blain Beadnell, PhD

Funding: National Institutes of Mental Health, MH075030

Partnered with community organizations and recruited participants for mixed-methods research study exploring the experiences of LGBTQ (Lesbian/Gay/Bisexual/Transgender and Questioning Youth) youth in Seattle and surrounding areas. Conducted qualitative interviews and focus groups with LGBTQ youth and analyzed data from focus groups and interviews. Assisted in the development of web-based survey. Participated in the writing of publication based upon factors contributing to youth's risk and resilience.

#### SOCIAL WORK PRACTICE EXPERIENCE

Albert Einstein College of Medicine, Division of Substance Abuse

Bronx, NY

2013-2014

Co-facilitator, Storytelling in Recovery Group (post-MSW)

Co-facilitated weekly therapeutic storytelling group with clients at methadone maintenance clinic that culminated in a public storytelling event. Participated in weekly group supervision and storytelling training.

**Spence-Chapin** New York, NY 2004-2006

Clinical Social Worker (post-MSW)

Provided options counseling to pregnant women and women who had recently given birth, their partners and families. Assisted in the development of an adoption plan when desired by client and coordinated services in conjunction with domestic adoption department. Provided post-placement bereavement counseling to birth parents who opted for adoption and supportive counseling to clients who decided to parent.

#### **SCO Family of Services**

Jamaica, NY

2003-2004

Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Youth Program *Clinical Caseworker (post-MSW)*,

Provided and coordinated the delivery of essential social services, across systems and agencies, to Lesbian/Gay/Bisexual/Transgender and Questioning Youth residing in congregate foster care. Conducted permanency planning and reunification interventions with youth, their biological families, families of choice, and other permanency resources. Facilitated youth aging out of care in the development of independent living discharge planning. Planned and conducted youth's semi-annual Service Plan Review Conferences.

#### **SCO Family of Services**

Jamaica, NY

2002-2003

Adolescent Substance Abuse and Alcohol Prevention Program Substance Abuse Prevention Counselor

Provided long-term individual counseling, performed psychosocial assessments and facilitated psychoeducational groups with lesbian/gay/bisexual/transgender and questioning youth residing in congregate foster care. Performed advocacy and interagency collaboration with New York City and State adolescent substance abuse treatment programs around the unique needs and contributions of LGBTQ youth. Worked with youth and independent filmmaker to produce an original film, *Rodney*, based upon LGBTQ youth's lives and experiences inside and outside of the foster care system.

### **STEPS to End Family Violence**

East Harlem, NY

2002-2003

Alternative to Incarceration Program *MSW Intern* 

Provided individual counseling and facilitated groups with women incarcerated for felony charges related to acts of self-defense within the context of interpersonal partner violence. Prepared court reports on ongoing progress and engaged in court-based advocacy. Implemented a childcare program for clients in order to facilitate regular group attendance.

#### **Tualitin Valley Mental Health Center**

Hillsboro, OR

2001-2002

Alternative to Incarceration Day Reporting Center Educational Coordinator

Coordinated all programmatic aspects of the educational component of day treatment program for juvenile offenders. Assessed educational needs and worked with youth in developing and implementing individualized learning plans. Served as a liaison between Day Reporting Center and public schools in several districts in Washington County.

#### **New Avenues for Youth**

Portland, OR

2000-2001

Transitional Housing Program *Counselor* 

Performed non-violent crisis intervention and provided intensive milieu supervision at transitional housing facility designed to assist youth exiting street life. Worked with youth individually, and in groups around issues of substance abuse, safer sex, violence prevention, and relationships within both families of origin and chosen families. Co-facilitated monthly youth council meetings in conjunction with youth facilitator

#### The Eleanor Roosevelt Center at Val Kill

Hyde Park, NY

2000

Girls Leadership Workshop Counselor and Instructor

Designed and implemented two summer workshop sessions focused on young women's empowerment through a social justice curriculum.

#### PROFESSIONAL AND COMMUNITY SERVICE

#### **Service to Profession**

Member, CSWE Women's Council	2016-Present
Cognella Academic Publishing, Reviewer	2016-Present
Culture, Health and Sexuality, Reviewer	2015-Present
Sage Publications, Reviewer	2014-Present
Affilia, Reviewer	2014-Present

Youth and Society, Peer Reviewer				
Departmental/University Service				
CSUN Build/PODER Grant Consultant and Trainer				
CSUN MSW Scholarship Committee, Chair				
CSUN Pride Center Scholarship Committee, Member				
10 <sup>th</sup> Annual Liberation Based Healing Conference, Conference Planning Committee Member				
CSUN Build/PODER Grant Critical Race Theory Advisory Board, Member				
CSUN Department of Social Work MSW Admissions Committee, Reviewer				
CSUN Department of Social Work Faculty Hiring Committee, Chairperson				
CSUN Pride Center, Advisory Board Member				
UW School of Social Work Social Justice Task Force, Founding Member				
UW School of Social Work PhD Steering Committee, Student Representative				
Community Involvement/Outreach				
Vassar Hospital LGBTQ Advisory Board, Member Poughkeepsie, NY	2010-2012			
Juvenile Justice Coalition LGBTQ Youth Working Group, Member New York, NY	2010-2013			
Queer Youth Space, Trainer/Consultant Seattle, WA	2009-2010			
Oregon Uniting, Intergroup Dialogue Facilitator Portland, OR	2000-2002			
Community Based Art Exhibits				
From Our Perspectives: A photovoice exhibit by LGBTQ former foster youth in LA County Art Share LA Gallery, Los Angeles, CA (May) CSUN West Gallery, Northridge, CA (September)				

# PROFESSIONAL AFFILIATIONS

CSWE Women's Council, 2016-Present
National Organization of Forensic Social Work, 2014-2015
Council on Social Work Education, 2010-Present
Society for Social Work Research, 2014-Present
Pride Foundation Alumni Network, 2013-Present
CSWE LGBTQ Caucus, 2008-Present